## Newton's 1st Law Inertia



An object at rest stays at rest.

An object in motion stays in motion.

It keeps its same speed and direction
unless acted upon by an outside force.

If I yank a paper suddenly from underneath a stack of Christmas ornaments, or a table setting, it won't fall over. video

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A golf club can apply 4000 lbs of force to a golf ball. It can go from $\mathbf{0}$ to 150 mph in $\mathbf{0 . 0 0 0 5}$ seconds, an acceleration of $50,000 \mathrm{G}$. A golf ball weighs $1.620 \mathrm{oz}(45.9 \mathrm{~g})$.

## Newton's 3rd Law



Equal and Opposite: My mom and friend's weight was a downward force. The rope swing tension was equal force upward. Balloons were a buoyant force up. My hand holding the balloons was equal and opposite force down.

## Newton's 3rd Law



Equal and Opposite: The upward tension of the fishing rod is equal to the fish pulling downward.

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Equal and Opposite: The downward force of the rocket fuel is opposite to the upward force on the rocket.

